

## Disneyland Trip—Itinerary and Information for Students

The team trip to the Woodbridge Race and Disneyland is about one week away! In anticipation of that, we wanted to provide you with information about the trip, so that you can plan accordingly!

### Thursday, September 13

Parent drivers will meet students in the Rio Americano High School parking lot between 1:45-2:00 p.m. after school on Thursday, September 13. Cars will be leaving at 2:00 p.m., to miss any Sacramento or Stockton traffic. Have your suitcases packed and ready to go at that time. You'll either need to bring them to school with you or have a parent drop your items off by 2:00 p.m. to you in the parking lot. You will not have time to go home to get your luggage. The parent drivers will also not be able to swing by your house. The expected arrival time to the hotel in Anaheim is about 9:00 p.m. (depending on traffic); room check at 11:00 p.m.

### Friday, September 14

Students will have the morning and early afternoon free to sleep in, visit the hotel pool, socialize with other students, walk to Downtown Disney (only allowed with at least one other student). Around 3:00 p.m., students will meet with the coaches at a designated area to drive to the race. You'll catch a ride with the driver you were with the day before. The entire team will attend to race and then cheer on teammates. The coaches expect to return to the hotel around 10:00 p.m. Room check at 11:00 p.m.

### Saturday, September 15

Meet the coaches and your entire team at 7:15 a.m. to get your Disneyland tickets and then walk together to Disneyland for a group photo. Students will have the full day at Disneyland. Remember, you must stay with at least one other Rio student at all times. If for some reason, you need to leave the park early, make arrangements with one of the coaches. Disneyland park hours are from 8:00 a.m. to midnight. The coaches will have a couple of check ins with students during the day. We expect to close out the park. Students will meet at 12:15 a.m. at a designated area right outside the entrance to Disneyland to walk back to the hotel together. Bed check at 12:45 a.m.

### Sunday, September 16

Check out of your room and meet in the lobby at 9:00 a.m. for check out. You'll drive back to Sacramento with the group you came with. We expect to arrive back at the Rio Americano High School parking lot around 4:00 p.m. Please make arrangements for parent pick-up at that time. (You'll need to be in touch with your parents should the arrival time change due to traffic.)

**What to pack (please don't overpack; plan on one small suitcase or duffle bag per person. Space in cars will be at a premium):**

**Cross Country Uniform**, trainers, and race shoes (if you use them)

**A bathing suit** (the hotel has a pool and you'll likely have time to enjoy it)

**A light jacket** (the temperature during the day is predicted to be in the mid 80s, and in the evening in the mid 60s).

**Comfortable shoes for Disneyland!** You'll walk a lot at the park!

**Money**—we recommend between \$50-\$75. This amount depends on you. Your hotel room and ticket to Disneyland have been paid for. The money you bring will be primarily for food: fast food stops on the way there and back, food on Friday, a small donation of cash to your driver for gas (\$10-\$20 per person), and food and souvenirs at Disneyland. Disneyland allows you to bring food and drink into the park. Here is their policy is: **Guests can bring food or drink into the park with exceptions.** Disneyland will allow guests to bring in food items as long as they are snack items or pre-made. This means sandwiches, carrot sticks, bags of chips, granola bars or fruit like apples and bananas will likely make the cut. Beverages are also permissible provided they are not in glass containers.

**Food**—the hotel does not include breakfast. And the price you have paid for the trip does not cover your meals. However, the rooms contain mini refrigerators and microwave ovens. We recommend that students bring non-perishable food for as many meals and they would like. (Most students will at least bring food for the drive, breakfasts and snacks.) If you'd like to, you are welcome to bring food

for the rest of the trip as well, including your day at Disneyland. (The food at Disneyland can be pricey.) The coaches will have lots of drinks and snacks available, especially on race day.

**Cell phone and cell phone charger**—You'll need it to keep in contact with the coaches. If you haven't already done so, make sure to add the coaches cell phone numbers to your contacts. Anton Escay: (916) 801-8110; Lea Wallace: (707) 225-5879.

**Hotel Information**—we'll be staying at the Howard Johnson Anaheim, 1380 South Harbor Blvd, Anaheim, CA [stay@hojoanaheim.com](mailto:stay@hojoanaheim.com); [www.hojoanaheim.com](http://www.hojoanaheim.com); (800) 422-4228.

Please thank your parents for allowing you to go on this trip. And thank the parent drivers! This trip wouldn't be possible without them!

## Rio Americano HS Disneyland Trip -- Itinerary Summary

### Thursday, Sept 13th: TRAVEL DAY

- 1:45pm: Students arrive at Rio (Load bags into assigned vehicles)
- 2:00pm: Students leave Rio
- 9:00pm: Students arrive and check-in at hotel  
**Howard Johnson Anaheim**  
1380 South Harbor, Anaheim, CA  
(800) 422-4228
- 11:00pm: Room Check/ LIGHTS OUT

### Friday, Sept 14th: RACE DAY

- 3:00pm: Depart for Woodbridge HS CC Classic  
**Silver Lakes Sports Complex**  
5555 Hamner Ave,  
Norco, CA 92860
- 5:52pm - 9:52pm: Rio Americano Athletes Race  
<http://gvarvas.com/meet-schedule/>
- 10:30pm: Depart Course
- 11:00pm: Room Check

### Saturday, Sept 15th: DISNEYLAND!!!

- 7:15am: Get Disneyland tickets, take photo and walk to park!
- 8:00am: Park Opens
- 12:15am: Students return to designated park area (Team will walk back together)
- 12:45am: Room Check

### Sunday, Sept 16th: TRAVEL DAY

- 9:00am: Check-out of hotel rooms and meet in lobby for departure
- 4:00pm: Arrive back at Rio Americano HS